



SPRING SEASONAL MENU FOR PUBLIC ELEMENTARY SCHOOLS in PORDENONE - school year 2013 / 2014

VALID FROM 31TH MARCH 2014

Day	1st Week	2nd Week	3rd Week	4th Week
	Pasta	Pasta	Rice	Pasta
MONDAY	Ham	Fish	Meat	Meat
	Vegetables	Vegetables	Vegetables	Vegetables
	Bread	Bread	Bread	Bread
	Fruits	Fruits	Fruits	Fruits
	Pasta		Vegetable soup with rice	
TUESDAY	Meat	Pie (Lasagne al forno)	Cheese	Pizza margherita
	Vegetables	Vegetables	Potatoes	Vegetables
	Bread	Bread	Bread	
	Fruits	Fruits	Fruits	Fruits
	Rice	Vegetable soup	Pasta	Pasta
WEDNESDAY	Fish	Meat	Meat	Egg (frittata or hard-boiled)
	Vegetables	Potatoes and vegetables	Vegetables	Vegetables
	Bread	Bread	Bread	Bread
	Fruits	Fruits	Fruits	Fruits
	Pasta	Rice	Pasta	Vegetable soup
THURSDAY	Meat	Cheese	Fish	Meat
	Vegetables	Vegetables	Vegetables	Potatoes and vegetables
	Bread	Bread	Bread	Bread
	Fruits	Fruits	Fruits	Fruits
	Vegetable soup	Pasta	Pasta	Rice
FRIDAY	Cheese	Egg (<i>frittata</i> or hard-boiled)	Egg (<i>frittata</i> or hard-boiled)	Fish
	Potatoes and vegetables	Vegetables	Vegetables	Vegetables
	Bread	Bread	Bread	Bread
	Fruits	Fruits	Fruits	Fruits

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